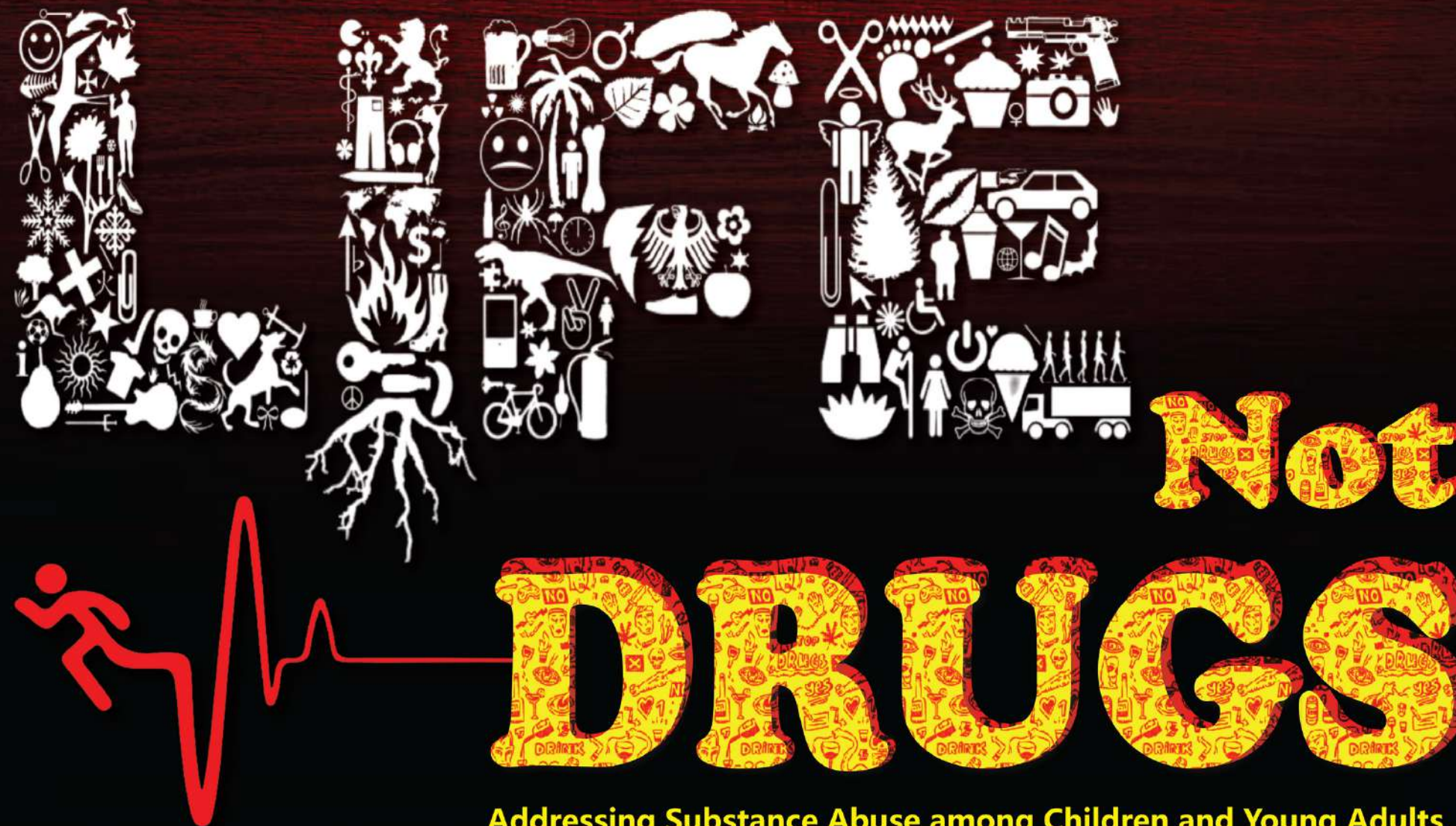
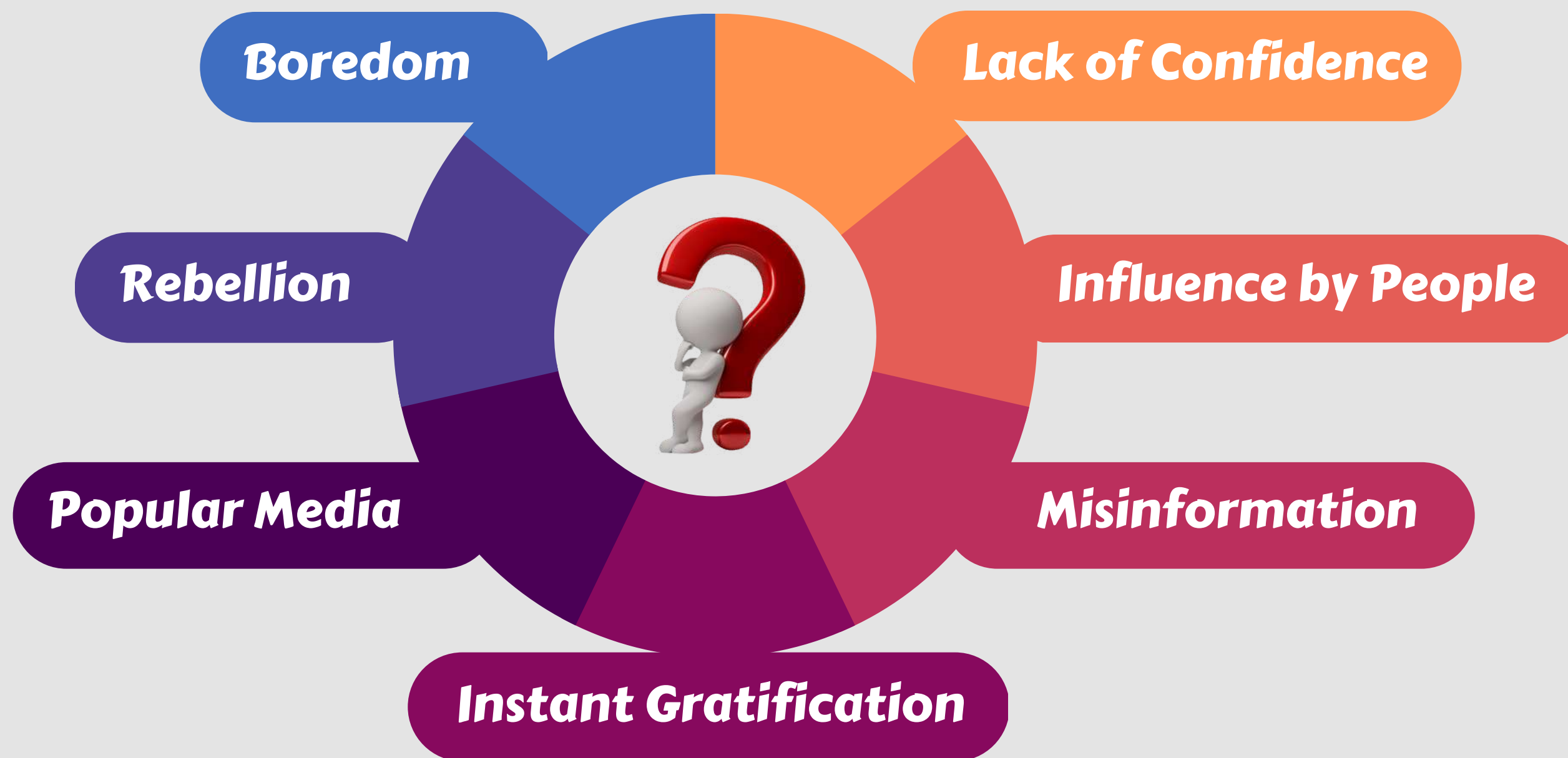


# Choose



# Why Teens Take Alcohol



Click to  
know more

 **Partnership**  
to End Addiction

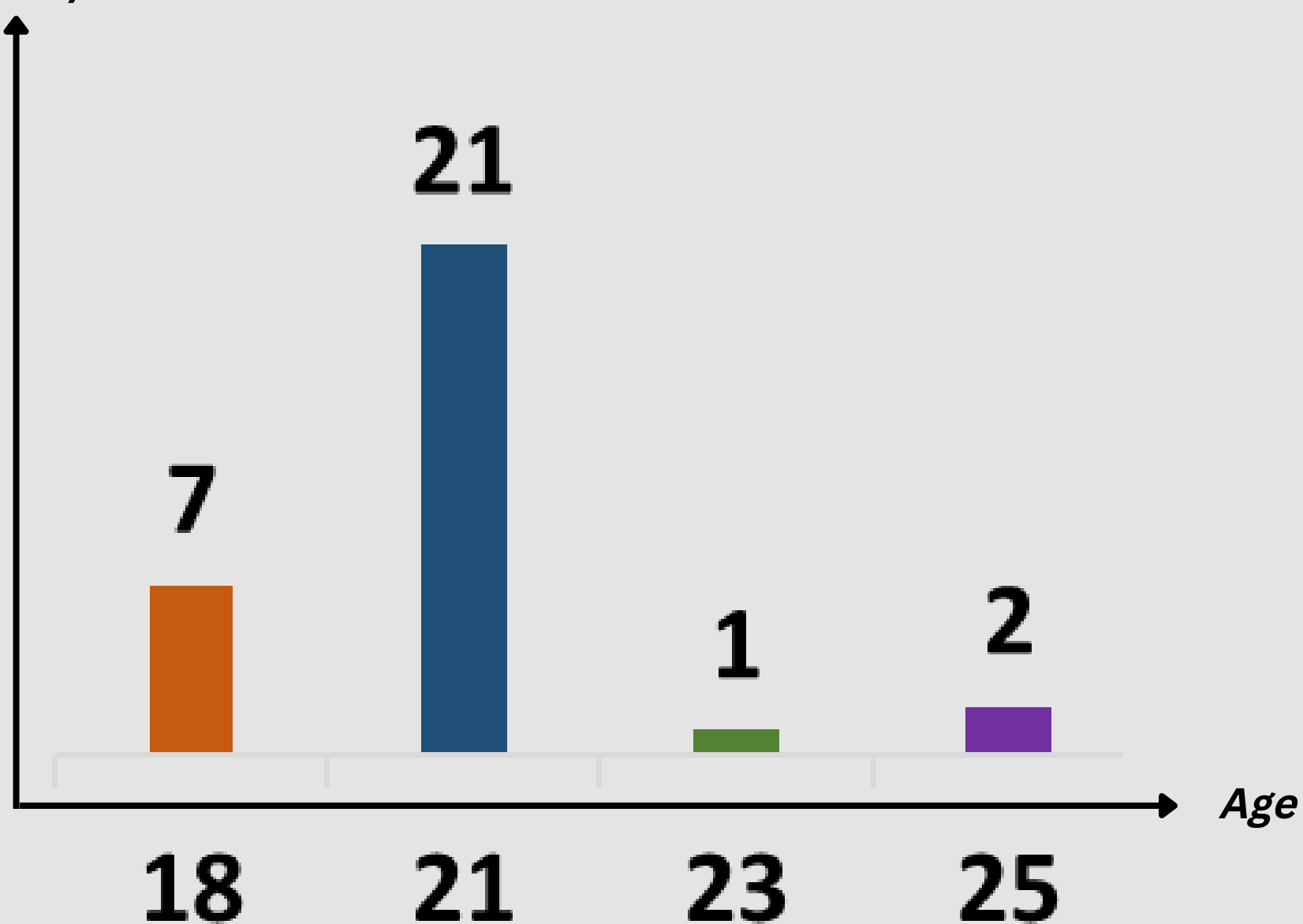




## Do you know?

The age limit for alcohol consumption is different in each State and UT of India

States / UTs



**Age Limit**  
**18 years**



Goa, Himachal Pradesh, Jammu & Kashmir, Karnataka, Ladakh, Rajasthan, Sikkim

**Illegal**



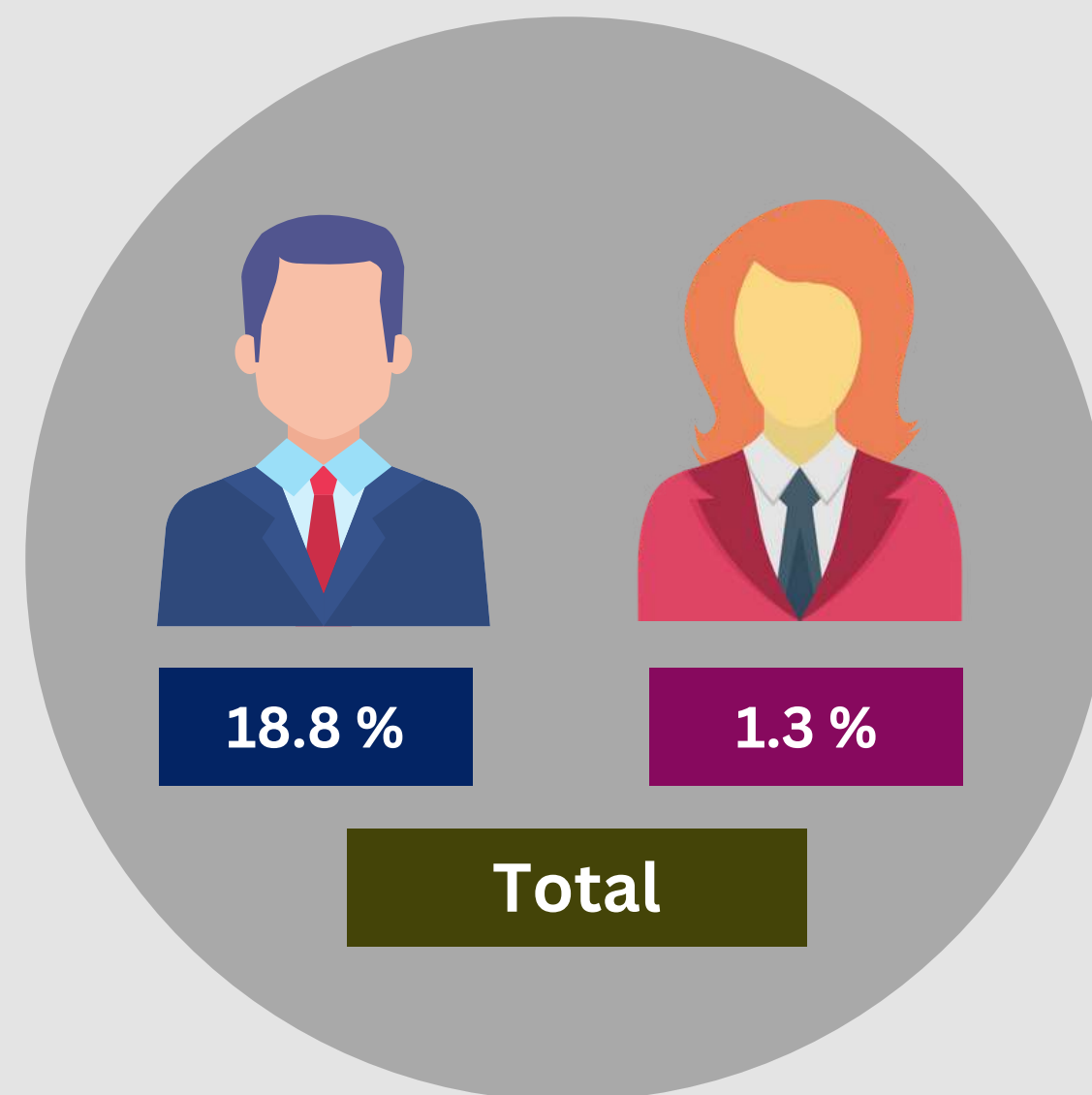
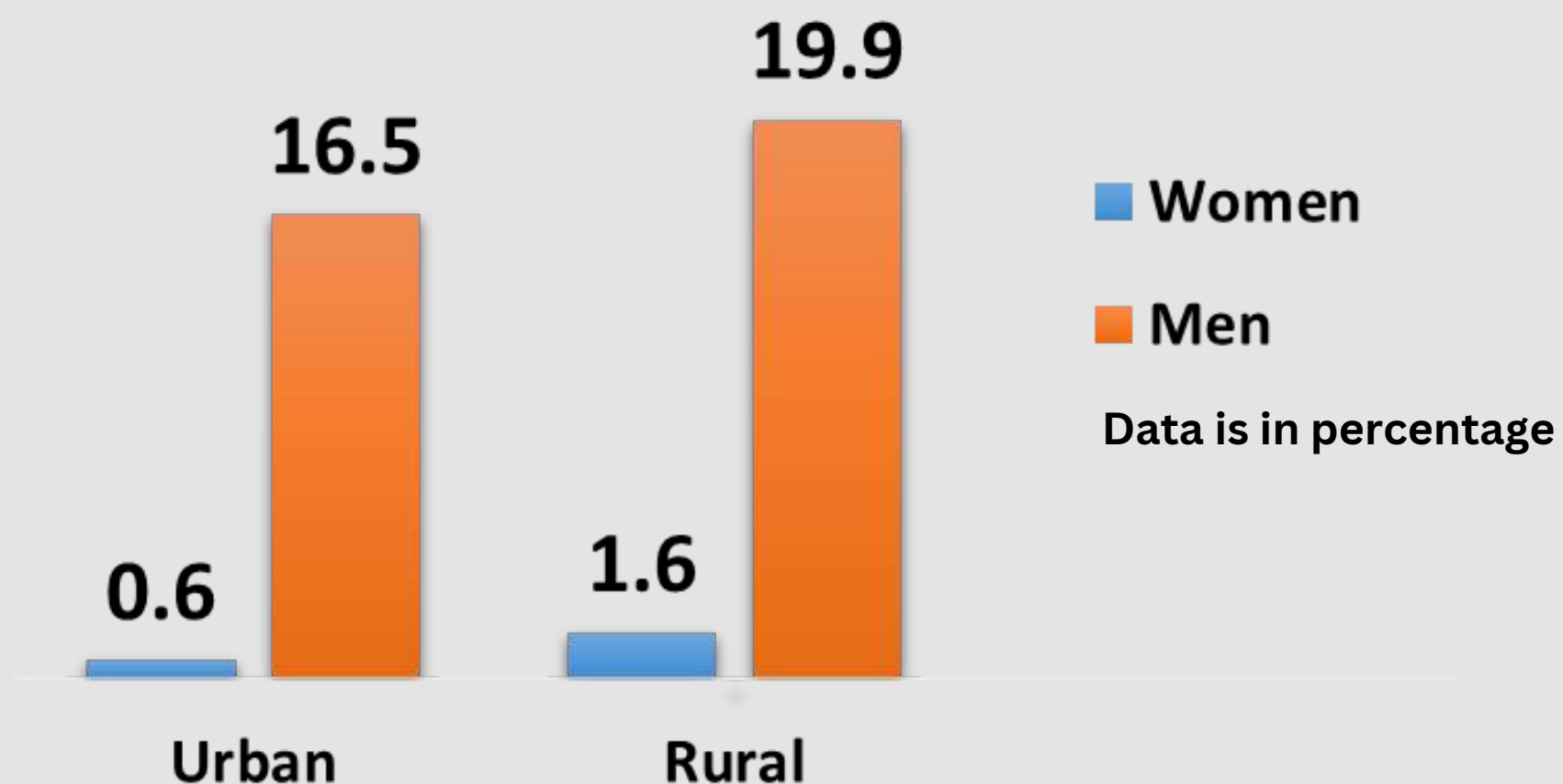
Bihar, Gujarat, Lakshadweep, Mizoram, Nagaland

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Data Source: Wikipedia

# Alcohol Consumption in India



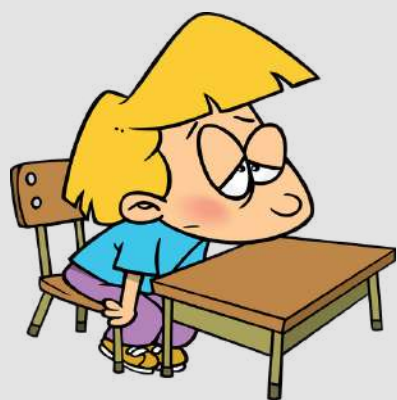
Data Source: National Family Health Survey, India (NFHS - 5), 2019 - 2021

Note: Age 15 years and above

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know more



# Impact of Underage Drinking



Memory problems



Physical ailments



Misuse of other substances



Increased risk of suicide



School problems: absences or lower grades



Social problems



Changes in the brain leading to life-long effects

Click to know more



# National Toll Free Helpline

Launched by **Ministry of Social Justice & Empowerment**

Assistance given to alcohol drug dependent persons



# 1800-11-0031



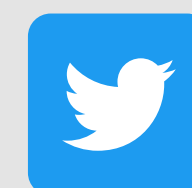
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know more



***“Believe you can, and you’re halfway there.”***

-Theodore Roosevelt

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DB YaR Forum